



Do your best,
pay attention,
do homework

Then get outside and
PLAY!



The *Talk*, since 1974, has been a monthly newsletter for the Forest Hill Church of Christ and is dedicated to Christian unity. The usual deadline for submission of articles is the last Sunday of every month with the exception of December.



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Talk



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he events of this month have reminded me of the value, the absolutely essential importance of love in our lives.

Love is the premier two-edged sword. It offers us the most warm and wonderful life we could ever imagine. However, it also gives us the worst heartache we will ever feel. But, time and again we have read that “God is love,” 1 John 4:8 and, “And now these three remain: faith, hope and love. But the greatest of these is love.” 1 Cor. 13:13 “...And the second is like it: Love your neighbor as yourself.” Matt. 22:39 Indeed, the word love is written 686 times in the Bible.

That tells me in spite of the pain love can give us, it is important enough to God that we know it, understand it, and practice it.

Recently, I’ve had the painful end of love made felt by having to say goodbye to my Sage (our daughter’s oldest girl) who has left to attend DePaul University. My daughter has graciously allowed me to have a central role in Sage’s life since she was born. Often on a Sunday afternoon Sage would just show up at my house for a visit. Because of the type of person Sage is she involved me in her life, her friends, her school work. It was such a privilege to be that close to her! I am very happy for Sage in her new venture, but now that I can’t see her every week my heart aches—because I love her.

On the other side I have kept Sage’s younger siblings this week while their mom is on vacation—Rye and Guthrie as well as Eden. My little Eden slept with me at night, and I could not help but remember her older sister at the same age. Eden’s sweet little ‘good mornings’ and the cuddles made me feel so happy—and my heart soared—because I love her.

~~~P

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Kudos to all who planned the Backpack campaign and to all who laboriously stuffed each of well over 100 backpacks! It did not take long, and it was fun working together. Can't you just see the happy little faces of the children receiving the backpacks we prepared? It just makes my heart sing.



Even though we were in the middle of a heat wave the annual Forest Hill Picnic was well attended. Since there was a nice breeze in the shelter we were ok. And, oh, the food was great. Sorry if you couldn't make it. We missed you!



Please continue to remember these people in your prayers: all our children starting out on a new school year; Elizabeth West at the loss of her sister; the Caver family for health concerns; Jeannene & Derwood as they adjust to their new life in North Carolina; Terri Moore at the loss of her nephew; Shirley

Moorer as she battles knee problems; pray for Shirley Edmond & Doris Winkfield at the death of their mother Marie; pray for everyone who has not returned to church—whatever their reasons are—so they can just come back; for the success of our Feed My Sheep program.



We have several opportunities for Worship and Bible study throughout the week. Please take advantage of any of these you can. Your input is just what the group needs! Sunday School at 9:30 on Sunday morning, Worship at 10:30 (if you are missing Matt's sermons you are really missing out!), Ladies Bible Class on Sundays at 5:00 (we are currently looking at Mary), Wednesday night Bible study at 7:00 (seriously, I never knew Deuteronomy could be this interesting).



September! I never tire of turning it over and over in my mind. It has warmth, depth, and colour. It glows like old amber.

--Patience Strong



# Of interest...

SIMPLE

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think it is simple.

We just need to tell people about Jesus. We need to tell everyone that God is real, and there is a heaven.

We are the ones who have complicated the message and our walk with Jesus. We disagree and fight each other over the smallest most unimportant issues! Jesus doesn't want that. Satan wants that. He wants us confused and bickering and doubting, because then we will not be concentrating on our Lord and all the lost souls around us.

The message Jesus lays at our feet is simple, and the way to it is simple: just give up trying to play 'god' in your own life and let the real God handle it.

The message is simple but perhaps preparing for sharing it isn't. We need to arm ourselves with as much knowledge as we can get. I am all for knowing the Word cover to cover, *but don't stop there*. We must do what the Word tells us: Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. (Mark 12:30) He said to them, 'Go into all the world and

preach the gospel to all creation.' (Mark 16:15)

Whew! All the world. Ok, that sounds daunting. But what if I just begin with the cashier in the grocery store and wish her a 'blessed day.' Or, what if I just mowed my elderly neighbor's lawn and left a note that said 'God bless you'? Or, what if I saw someone eating alone in a restaurant and anonymously paid for their meal? Or, what if I did something as simple as delivering food to a hungry family—as we plan to do in the expansion of our 'Feed My Sheep' program?

It grieves me to no end that there is so much suffering and despair all around me every day when I know so surely that if these people could believe the Lord loves them and that material things don't matter as much as love and caring does they would not despair.

We do not all have to be Bible majors with decades of experience to fulfill God's task. We can all do something and judging from people's reaction when they hear a 'God bless you' I believe something in their heart will respond to that simple blessing. You may never know when your simple good wishes or your everyday kindnesses offered in God's name will prick someone's heart. What if you have ministered to your neighbor by simply having them hear you pull out of your driveway every single Sunday morning?

We just have to be ready. God will provide the rest. Pray to be used. Pray to be knowledgeable enough to answer questions. It is simple: just go tell everyone—Jesus is real!

This is from Naomi Paeth (Joe Mason's sister) who lives in Florida and visits here quite often:

My Adult Version of  
'Now I Lay Me Down To Sleep'

Now I lay me down to sleep,  
Show me ways to help your sheep!  
As you know, COVID has so split the flock  
But we all know your plans it won't mock.  
And as we strive to plant the seeds  
Help us plant your Word in deeds.  
Because we know they cannot learn  
Unless your path we properly discern.  
So give us wisdom to show *your way*  
In all we do and in all we say.  
Help us remember **you** are in control!  
Let us reach out to every soul,  
Giving all our plans to you,  
To rightly show us what to do!

To our God, who rules  
our world and our lives,  
Amen.

--by Naomi Black Paeth  
August 2021

**Prisoners currently in our Ministry:** Jose Agosto, Michael Bell, Terrance R. Boyd, Larry Duncan, Dean Dupont, Glen T. Evans Sr., Michaellyn Hutchins, Israel D. King, Christopher Konkel, Albert Lacy, Derrick Lartdale, Latrina Lewis, Chris Love, Scott Markel, Ralphonzo Martin, Bradley Mason, Thomas McCarthy Sr., Leon Napier, Lakiesha Phillips, Melvin Reardon Jr., Antonio Spates, Thomas E. Stephens, George Weaver, and Timothy

Wilson. Also, for those released— Kenneth Anderson, Nicholas Bowers, Greg Breville, Tony Campbell, Alfred Cleveland, Leonardo Frazier, Emmanuel Gonzales, Willard Hall, Tyrell Havergne, Keith Hume, Mark Slayton, Jewell Trischler.



If things had gone differently in your life you might be among those behind bars. Please remember to pray for the people who live every day in a prison of brick and mortar but perhaps a prison of their own hearts and minds as well. Let them know that God can reach them no matter where they are!

Betcha didn't know this stuff: In the old Roman calendar it was the 7<sup>th</sup> month - from which it gets its Latin name 'Septem' - meaning seven.



September was once a month with only 29 days until Julius Caesar's calendar reform.



September has some pretty interesting holidays spread throughout the month! Firstly, in the US, September is **National Happy Cat Month!** We also have **Kids Take Over the Kitchen Day (US)** on **September 13<sup>th</sup>**, **International Talk Like a Pirate Day on September 19<sup>th</sup>**, as well as **National Punctuation day (US)** on **September 24<sup>th</sup>**.

# For Kids Only...

## Proverbs 13:10

Every word in the Bible verse quoted below is contained within the group of letters. Words can be found in a straight line horizontally, vertically, or diagonally. They may be read either forward or backward. Shorter words may be found more than once.

“Only by pride cometh contention; but with the well advised is wisdom.”



Ready?

Ok, GO!

You got this!

You're a whiz.

C  
O W P  
M P N E H  
E W R N L L W  
T B I I Z W Y L B  
H O U T D R A C B A Y  
P W J T H E X M H A D A D  
D H F I V N O I T N E T N O C  
J H D S Z G P A S G N K S  
F Y W D B G I Q O M S  
T S G O V V R E D  
E Z D M U C T  
A I E C Z  
S H U  
T

# F.Y.I. Healthspot...

## Healthy Aging

Don't ever think you are too old to improve or even 'reinvent' yourself!

- 1) Act your age. Don't do that! Besides, who determines what 60 or 70 acts like? Just do some positive thinking. Whatever it is, you can do it
- 2) A positive outlook. Thinking positively is a great beginning. When you find yourself complaining, stop. Reroute the conversation to something more uplifting.
- 3) Drop negative relationships. If you have friends who are always complaining avoid them when you can. People like that can only bring you down.
- 4) Walk happy. Even if you don't feel it at first walk like a healthy, vibrant person. Take big strides concentrating on putting your heel down first and wear comfortable shoes.
- 5) Stand up straight. Can you hear your mother's admonition? Benefit: your waistline will look trimmer if you stand erect.
- 6) Smile. It has been proven that people who smile more often are indeed happier. Keep your teeth in good health—it's the gateway to overall good health.
- 7) Lonely. Don't brood over this another minute. Pick up the phone right now and call a friend or volunteer your time at a school, in a hospital, in a shelter. Take a class in something.
- 8) Get checked out. Make an appointment with your doctor and get a physical.
- 9) Find the artist in you. Take music lessons, sing in a choir, take an art class or wood carving class.
- 10) Spiritual well being. 'Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to Him and He will make your paths straight.' Prov.3:5,6 Do what you must to get right with God.. You'll feel terrific!

# Recipe...

## Skillet Tuna Burgers

### You will need:

- 1 can Creamy Chicken Mushroom soup
- 2 7-ounce cans of tuna, drained
- ½ cup cornmeal
- 1 slightly beaten egg
- ½ cup finely chopped onion
- 2 tablespoons butter
- ¾ cup milk



### To put it together:

Mix thoroughly ½ cup soup, tuna, cornmeal, egg & onion. Shape into 6 patties. In skillet brown patties in butter, remove. Stir remaining soup and milk into drippings, add patties. Heat, stir occasionally. Garnish with chopped parsley, if desired. Makes 6 servings.

I have fixed this for years. It is a delicious alternative to heavier meals. You can substitute canned salmon if you prefer.  
--Pt

Thank you kindly for all contributions to the Talk this month. If you would like to publish something inspirational or uplifting in the next Talk please get the article to me by Sunday evening September 26<sup>th</sup>. You may hand it to me at church, put it in my box outside the church office, snail mail it to me at home or email me at [pthorn50@roadrunner.com](mailto:pthorn50@roadrunner.com). Thanks!

--Pam

☞Our mission: to love like Jesus, to serve like Jesus and to teach others to do the same☞

# Birthdays...

## October

- Michael Brown-1
- Clarence Kidd-1
- Kelly Caver-4
- Karen Stewart-10
- Lillie Glenn-15
- Denise Brown-19
- Jeanette Stewart-23
- Alison Hale-29



*May your birthday be the happiest ever and may the year ahead give you peace and contentment.*



# Good News...

He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?  
Romans 8: 32